

Hi, and Welcome to the December Issue of Foodsense

I would like to take this opportunity to introduce and tell you a little about myself. My name is Mike Bennett and I have very recently joined Tillery Valley Foods as Sales & Marketing Director.

I come from a family involved in both food and healthcare. My father is a retired dairy farmer from Devon, my mother a retired Paediatric Nurse and three sisters; Paediatric Consultant, Occupational Therapist and Cardiac Nurse Specialist, so I suppose I was destined to get involved in hospital food!!

My own background is very much involved with healthcare and food having spent time in the pharmaceutical, medical device and nutrition sectors with the likes of Johnson & Johnson, Boehringer Mannheim and Nutricia.

Throughout my career I have focussed on delivering solutions to customers that help make the lives of their patients better. With TVF I believe that we put nutrition at the heart of everything we do. We see ourselves as a partner with healthcare professionals and carers in the patients' recovery process. After all it's well known that a well nourished patient gets better quicker.



Mike Bennett, Sales & Marketing Director

I have joined the company at an historic time. In February 2014, TVF will celebrate 30 years of providing nutritious meals to hospitals; the longest of all ready meal suppliers.

Over the last 30 years TVF has innovated and adapted to meet the changing needs of the NHS and I look forward to being part of the next phase in its distinguished history.

As part of this I will be trying to get out to meet as many of our customers as possible and so hope to meet with you soon (if I haven't already done so). In the meantime feel free to contact me direct at:

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Celebrating Success

Phil Hall, Site Director, and a number of employees from Tillery Valley, recently attended the "Celebrate Success Awards" held by the Prince's Trust for Wales in the Millennium Centre.

The awards were very well attended with a number of celebrities including the Wales Rugby International Gerald Davies, his wife Cilla (Chair of the Prince's Trust for Wales) as well as Ruth Jones from Gavin and Stacey. The event now in its 10th year was hosted by TV celebrity Lisa Rogers and stars from Cardiff Blues rugby team and Cardiff City footballers were involved in presenting the awards.

Before the event Phil had a tour of the Prince's Trusts impressive new offices in Cardiff where he presented a cheque for almost £16,000 from our parent company's Foundation to help fund some "Get Into" programmes in South Wales.



Community Service Recognised



In our 2011 September/October edition we reported on the involvement of our Business Development Manager, David Dobson in the sport of windsurfing and his success in winning the Scottish Inland Championships.

It would appear his appetite for the sport has not diminished and this year has seen him win the Scottish Open Championship held at Largs in May and also receive national recognition from the sport's governing body the Royal Yachting Association for his services to the sport primarily in his native north east.

David was nominated for the award by the RYA North East Region Committee in recognition of his outstanding contribution to the sport, particularly in the promotion of junior and youth windsurfing where as a coach he has ensured that the North East area Team 15 is one of the strongest in the UK, both in terms of numbers of participants and the number of successes in the T15 National finals.

Commenting on his award RYA Regional Chairman Steve Gibbon said, *"David is a most unassuming character who gets on with things without expecting praise. He has worked tirelessly to promote the sport and his commitment is appreciated by many"*.

The presentation ceremony attended by award winners from across the UK was held at the headquarters of the Institute of Civil Engineers, One Great George, Westminster where the Princess Royal, who is President of the RYA, presented the winners with their awards.

Coloured Crockery Aids Dementia Care

As part of his involvement in the Trust's Dementia Care strategy, John Carr, Catering Manager with Carillion at the James Cook University Hospital on Teesside, purchased coloured crockery so that the appearance of food served to dementia patients was more visible on the plate than hitherto had been the case when plain white crockery had been used. A number of different colours were trialled before "tropical yellow" was chosen as the preferred colour.



Plate waste was measured on two elderly care wards both prior to and after the introduction of the coloured crockery. This measure revealed a plate waste reduction of just under 30% and is now one of the Trust's main drivers in its 2014 Dementia Care strategy.

and Finally...

As 2013 draws to a close, the staff at Tillery Valley would like to take this opportunity to wish all their customers a happy Christmas and peaceful New Year and thank them for their custom.

