

22<sup>nd</sup> February 2012

### Tillery Valley welcome health checks for staff

Having provided meals to the healthcare sector for over twenty years, Gwent-based prepared food manufacturer Tillery Valley has spent today looking after the wellbeing and healthcare knowledge of its own staff.

Tenovus, Wales' leading cancer charity, brought their Mobile Cancer Support Unit to the Abertillery site for the day, offering all 350 of Tillery Valley's staff the opportunity to book a health check appointment.



The health checks are a unique service offered by Tenovus and developed with world leading oncologists. Each appointment consists of a touch screen questionnaire, blood pressure reading, mole check and confidential consultation with an oncology nurse.

Phil Hall, Site Director at Tillery Valley, said:

'We are well aware of the importance of looking after your health and wellbeing, with our two in-house dietitians ensuring the products we provide are both nourishing and nutritionally balanced for our clients.'

Today's health checks have allowed us to extend this commitment to promoting wellbeing to our own employees. Corporate health is an integral part of our dedicated CSR programme; initiatives such as these benefit staff members personally and contribute to increased productivity overall. It has been great to see such a strong interest from staff and to see so many appointments being booked.'

Claudia McVie, Chief Executive of Tenvous, said:

'Tillery Valley are the perfect example of a responsible, caring company, allowing us to bring our Mobile Unit to their premises to administer these all-important Health Checks. As such a major local employer, days like today demonstrate the key strength of our Mobile Unit: its ability to bring support, treatment and services right to the heart of a community, when and where it is needed most.

The management at Tillery Valley are to be congratulated for this initiative, and we would welcome approaches from any other companies in Wales who want to do the same for their staff.'