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Tillery Valley dietitian awarded BDA Fellowship

Dietetic Services Manager at Tillery Valley, Anne Donelan, has been awarded a Fellowship by the British Dietetic Association (BDA).

A Fellowship is the highest honour the profession can bestow, recognising the work of outstanding individuals in promoting the science and practice of dietetics and the dietetic profession. Fellowship recipients must be anonymously nominated by their peers, and the honour is rarely – if ever – awarded to dietitians working within the food service industry.

Anne joined Tillery Valley in 1996 after 25 years within the NHS, culminating in the roles of Head Dietitian and Therapy Services Manager. Tillery Valley produces and provides almost 1 million meals per week to hospitals, care homes and home delivery services across the UK. Anne and fellow dietitian, Julie Lardie, are instrumental in ensuring menus meet the necessary nutritional requirements.

Anne has been actively involved with numerous professional groups throughout her career, and has written extensively on the “critical relationship” between caterers and dietitians. Her in-depth knowledge has been invaluable in the close working relationship between Tillery Valley’s Product Development and Dietetics teams. Working together ensures Tillery Valley’s products meet specific dietary needs, while taking into account the very latest Government legislation.

Anne will also co-host a workshop at the International Congress of Dietetics in Sydney, Australia, this September. She will be relaying the latest guidance on menu standards for UK hospitals, having led the team behind the previous review in 2006.

Anne said: “I am honoured to become a Fellow of the BDA and would like to thank the Association for recognising my work. I have always been passionate about my work and about representing the dietetic profession at all levels.

Tillery Valley's commitment to combining dietary standards with choice and taste is very rewarding and makes for a proactive and innovative working atmosphere. I have long emphasised the importance of such a working relationship between caterers and dietitians in my professional memberships, and I am very pleased to see it in action at Tillery Valley."

Phil Hall, Site Director at Tillery Valley, said: "Anne's breadth of knowledge and extensive experience has made her an invaluable part of the team at Tillery Valley for the last 17 years. Her recent Fellowship of the BDA is a well-deserved accolade and reinforces the respected position she holds within the profession."